

The Staff Newsletter

*From fellow workers at ... Good Shepherd Lutheran Church
700 North Wright Road
Janesville, Wisconsin 53546*

January 2010

Annual Meeting

SUNDAY, JANUARY 17, 2010

9:07 a.m.

All Good Shepherd members are called to attend the Annual Congregational Meeting on **Sunday, January 17, 2010, 9:07 a.m.** to review the annual report, discuss and approve the budget, and elect new congregation council members. These are privileges and responsibilities of the whole congregation. According to our constitution, however, anyone participating in *voting* must be an *active, confirmed member* of the congregation.

**** ANNUAL End-of-Year Committee Reports Due By Tuesday, January 5 ****

☞ Pick Up Your 2010 Offering Envelopes ☞

The 2010 envelopes are available in the Fellowship Room. Please stop by and pick up your box. The envelopes have been *re-alphabetized* so you *will not have* the same number as 2009. Please check the “envelope number with the number on the label” to see if they match. If there is an error, do let *Naomi* know right away. Be sure *not to use* any 2009 envelopes in 2010 to avoid any posting problems. Our contributions recording secretary, *Aaron Waltz*, will appreciate that.

☞ Attention Youth ☞

☞ 8th Grade thru Senior High ☞

MARK YOUR CALENDAR! Good Shepherd Youth will be attending the Lutheran Youth Encounter “Zone” weekend **March 19-21 (Fri-Sun)** in Naperville IL. The theme is “*Do. Love. Walk.*” (Micah 6:8) The registration including housing (but not meals) will be **\$144 minus a \$50 Scholarship** from the congregation. This year’s speaker is *Bob Lenz*, who shares experiences that help youth deal with real life while igniting their faith, instilling hope and challenging them to make a difference in their world. Hailing from Nashville, TN, the band, *Jacob’s Road*, is passionate about sharing God’s real and all consuming love with anyone who’ll listen. Check out www.youthencounter.org/zones to find out more. If you plan on attending, get your registration and deposit of **\$40** in to *Pastor Steve, Amos, Todd* or the Church Office by **Sunday, January 3rd** so we can receive the ‘early bird’ discount rate. Make your check out to Good Shepherd.

☞ Lutheran Adult Fun Fellowship ☞

Several enjoyable “gatherings” were held in 2009. A BIG THANK YOU to everyone who hosted and participated. Now it is time to set up the schedule for 2010. If you are interested in hosting an event, sign up on the Host Schedule in the Fellowship Room. (Hosts should turn in the details for the newsletter by the 15th of every month.) LAFF is for all ADULT singles/couples who would like to fellowship with one another. It’s a great way to get better acquainted with other Good Shepherd members. Watch the upcoming bulletins for the next “*whoop-de-do*”. (Yeah, Yeah, I know that dates me. ED)

>>>>> **FEBRUARY** Newsletter Deadline - Friday, January 15
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 FROM THE PASTOR'S DESK 

Dear Partners in Mission,

OK, I am not making any more resolutions. That is my resolution for 2010. Period.

It seems like every time I make a resolution, I just always let others and myself down. I have made all sorts of wonderful resolutions in the past: *eat less, lose weight, be more patient, spend less, exercise more, etc. etc.*

And I wish could say that all this "*resolution making*" has made a big difference. It hasn't at all. I am like *St. Paul* in his letter to the Romans: 'the good that he wants to do, he doesn't do, and the very thing *Paul* doesn't want to do, he does.' I know that helpless feeling. That's me.

I've even seen times when I've messed up a good habit by simply making it into a resolution. For example, I read the Bible often. I once made a resolution to read it once a day. Before long I lost my previous stride and got side-tracked trying to make the new schedule work. Oh yes, eventually I dumped the resolution but not before feeling like an absolute failure.

So I say - enough with resolutions. Period.

Now, that does not mean I am not going to be resolute. I will resolutely *worship, pray, study, and fellowship* with fellow believers. Because my life's purpose is to keep my eyes fixed on the Servant King Jesus - to believe and follow Him. I will also *tithe, serve, encourage, forgive, and never give up.* I am His disciple.

I will no longer worry about pithy resolutions that in all honesty - I am likely to mess up. I will not wallow in guilt, but focus on the grace of God that liberates me to greater usefulness in the kingdom.

This is what works for me, and perhaps it will work for you in 2010 and beyond. Try being **resolute** "without all the resolutions."

Love in Christ,

Pastor Steve

☞ **SHOEBOX PROJECT FOR THE HOMELESS** ☞

You can help those living on or just off the streets by supplying some of the basic necessities that most of us take for granted each day. Simply collect the following items in a shoebox. Boxes can be generic or personalized for men, women or children. **Just be sure to mark the boxes** so we know who should receive them. Then bring them to the ECHO Office at 65 S. High St. for distribution to those in need.

Toothbrush ~ Toothpaste ~ Comb/Brush ~ Shampoo ~ Conditioner ~ Deodorant ~ Lotion ~ Razor ~ Shaving Cream ~ Chapstick ~ Bar Soap ~ Washcloth ~ Can Opener ~ Plastic Silverware ~ and anything else that might brighten someone's day ie: Little Toy ~ Note Pad ~ Pen/Pencil ~ Paperback Book etc.

From the Parish Nurse

Gloria Oleston

SCREENING TEST BASICS

Are you thinking of starting off the New Year right and making some resolutions for 2010? When it comes to your physical health, here is a list of generally accepted recommendations for men and women, though some organizations may suggest slightly different schedules. These tests are looking for problems in symptom-free people. A personal or family medical history may alter the recommendations, and then you would need to consult your physician.

Screening	Ages 20 to 39	Ages 40 to 49	Age 50 and older
Blood pressure	At least every 2 years	At least every 2 years	At least every 2 years
Blood cholesterol	Regular checkup starting at age 35 for men, age 45 for women, or earlier with health conditions	At least every 5 years	At least every 5 years
Colon cancer	Ask your doctor	Ask your doctor	Begins at age 50; frequency depends on test
Dental	Annually	Annually	Annually
Eye	At least once before age 40	Every 2 to 4 years	Every 2 to 4 years
Fasting blood sugar (diabetes)	If you're at risk of diabetes or have high blood pressure or high cholesterol	If you're at risk of diabetes or have high blood pressure or high cholesterol	If you're at risk of diabetes or have high blood pressure or high cholesterol
FOR MEN: PSA (prostate cancer)	Ask your doctor	Ask your doctor	Annually
FOR WOMEN: Pap test (cervical cancer)	At least every 3 years	At least every 3 years	At least every 3 years; ask your doctor if you are over age 65 or have had a hysterectomy
FOR WOMEN: clinical breast exam	Most women begin at age 40	Every 1 to 2 years	Every 1 to 2 years
FOR WOMEN: Mammogram (breast cancer)	Most women begin at age 40	Every 1 to 2 years	Every 1 to 2 years

~ 40 IS A SIGNIFICANT NUMBER AT ECHO THIS YEAR ~

From ECHO Executive Director, *Karen Lisser*, "ECHO is starting to celebrate its 40th Anniversary. If ECHO had a time capsule to open, with a *Janesville Gazette* from late 1969 inside, we might be reading about the Apollo mission's "One small step for man, one giant leap for mankind," and in local news, "St. Mary's Catholic Church, Janesville, opens food pantry." This was when ECHO was conceived."

***40 FAMILIES** a day, 5 days a week, receive a week's worth of groceries.

***40 DOLLARS** will buy gas for someone to get to work for the first 2 weeks until they receive their paycheck.

***40 FAMILIES** apply for Emergency Rental Assistance at ECHO every 2 weeks because they are in imminent danger of becoming homeless.

***40 HOMELESS CHILDREN AND ADULTS** are provided hotel beds every 2 days.

***40 YEARS OF OPERATION** for ECHO since it began at St. Mary's Catholic Church in 1969.

~ 40 YEARS OF SERVICE AND NEEDED NOW MORE THAN EVER! ~

❧❧ BACH FOR THE SEM ❧❧
❧ (In support of Lutheran School of Theology, Chicago) ❧
❧ Sunday, January 10, 2010, 4:00 p.m. ❧
❧ Grace Lutheran Church, 7300 W. Division St, River Forest, IL ❧

Johan Sebastian Bach
Concerto for Oboe d'amour and Orchestra

Christine Janzow Phillips, oboe
Sargent *Christmas Oratorio, Part 1*

Paul Weber "*Hodie coelesti*" (world premier)

Carols of the season by Rutter, Schroeter,
and Manz

Featuring a special musical tribute to Paul Manz

Mark Bangert, artistic director ~ Michael Costello, guest organist

Adults \$10/\$20 at door; Seniors & students \$8/\$10 at door. Children under 12 Free
For advance tickets, call 800/635-1116/Ext 712 by Friday, January 8. Tickets will be held at the door.
Make check payable to Lutheran School of Theology.

❧❧ THE LITERACY CONNECTION, INC. ❧❧
❧ Offers Upcoming Training ❧

The Literacy Connection (*formerly Janesville Literacy Council*) needs caring, responsible volunteer adults to mentor and tutor. Qualifications: Patience, commitment, and a desire to help others. A teaching background is **NOT** required.

UPCOMING TRAINING WORKSHOPS

*Friday, January 29, 6:30 – 8:30 p.m.

*Saturday, January 30, 9:00 a.m. - 3:00 p.m.

*Saturday, February 6, 9:00 a.m. – 3:00 p.m.

Held at United Way Community Services Building, 205 N. Main St.

Attendance to all three workshops is required for certification.

Registration starts January 4 and ends January 28.

Call (608) 756-3125

Visit their websites: www.Janesvilleliteracycouncil.org / info@janesvilleliteracycouncil.org

❧❧ MOUNT CALVARY LUTHERAN CHURCH IS HOST SITE ❧❧
❧ FOR ANGEL FOOD MINISTRIES ❧

Mount Calvary, 2940 Mineral Point Ave, announces they have been selected to be a host site for Angel Food Ministries. Angel Food is a nationwide food program offering low cost food relief to **anyone**. There are no applications or qualifications to order. A variety of choices are provided each month by Angel Food. A signature box of food, for example, purchased monthly for **\$30** assists in feeding a family of four for about one week or a single senior citizen box for almost the entire month. The foods provided are high quality "*name-brand*" items ranging from fresh eggs and frozen meats to rice and cereal. They are currently taking orders; and distribute the food items on a designated Saturday near the end of each month. Food stamps are accepted.

Please contact the church office (754-4145). **MON-THURS: 8 a.m. – 12:30 p.m. / THURS EVE: 3 – 6 p.m.** You can also order your Angel Food box at www.angelfoodministries.com

❧❧ CONGRATULATIONS TO ALEX MILBRANDT ❧❧

Congratulations to Good Shepherd member, *Alex Milbrandt*, who received his Eagle Scout Award at a ceremony on December 6; and to his parents, *Dan & Rita Milbrandt* for their support throughout his years in Boy Scouts of America. He is a member of Troop 516 chartered by Good Shepherd.

❧❧ CHURCH BASEMENT LADIES - A New Musical Comedy ❧❧
❧ Saturday, January 23, 2:00 p.m. ❧

Church Basement Ladies is a celebration of the church basement and the women who work there.

The show provides a touching and funny look at their lives.

UW-Whitewater's Young Auditorium – 930 W. Main St/Hwy 12, Whitewater

Tickets: (262) 472-2222 / On-Line: www.uww.edu/youngauditorium

Jan 3-9:30am-(10, 17, 24, 31-8 am)-Sean Gohlke
Jan 10, 17, 24, 31-10:30-Nathan Schneider

Altar Care (Elsie Johnson/Coord) (883-2862)

3 & 10-Laurie Bauer/Cheryl Piper
17 & 24-Jan Felda/Connie Masterson
31-Donna Grever/Dorothy Salzman

Coffee Hosts(Dianne Punzel/Coord) (931-0388)

3-(10:30 Fell. Hour): Betty Sass-Boswell
10-Chris Schoeller
17-Dale Schwanke
24-Cindy Stroud
31-Judy Wecker

Greeters 1st (Todd Sullivan/Coord) (868-2540)

10-Kay Schoon
17-
24-
31-

Greeters 2nd

3-(9:30): Bob Hornby
10-Irv/Jan Felda
17-
24-
31-

Nursery (Rita Milbrandt/Coord) (754-1372)

3-(9:30): Beth Burdick
10-Amber Boll
17-Sarah Haenel
24-Margaret Jensen-Heth
31-Diane TeBeau

Readers 1st (Jeanette Thorp/Coord) (290-1796)

10-Dan Milbrandt
17-Jean Heindel
24-Dale Schwanke
31-Donna Hanson

Readers 2nd

3-(9:30): 1st Read.-Harry Robbins/2nd -Chris Boll
10-Dorothy Salzman
17-Connie Malzfeldt
24-Cordy Madorin
31-Chris Boll

Sac. Ass'ts 1st (Lonnie Brown/Coord) (868-2809)

10-Brian/Ann Gohlke
17-Harry/Cookie Robbins
24-Tami Schoeller/Jeanette Thorp
31-Brian/Ann Gohlke

Sac. Ass'ts 2nd

3-(9:30)-Lori Litin/Dorothy Salzman
10-Chris Boll/Tami Schoeller
17-Ruth Demmon/Gloria Oleston
24-Jeanette Thorp/Mike Hornby
31-Ruth Demmon/Mike Hornby

Ushers 1st (Denny/Barb Knopes/Coord) (752-1458)

10-
17-
24-
31-

Ushers 2nd

3-(9:30)
10-
17-
24-
31-

Flowers (Jean Heindel/Coord) (580-0293)

3-Sarah Haenel - In honor of Lon's birthday
10-Jeff/Sue Balog-In honor of 18th Anniversary
17-OPEN
24-Dwane/Linda Kamla-In honor of 24th Anniv.
31-Rocky/Ardis Iverson-In honor of 62nd Anniv.



IN OUR PARISH



KEEP IN YOUR PRAYERS Bud Arneson, Denise Crandall, Dolores Ellison, Tom Hawley, Chuck/Gail Kinyon, Shirley Peterson, Elaine Rhodes, Ruth Schultz, Devon Schlegel.

DEATH 12-7-2009 Former Good Shepherd member, *Adeline Krizsan*, in Rogers AR.

SYMPATHY to *Mike/Amy Fuerbringer & family* at the death of *Mike's* adoptive father, *Dennis Ransom*; to *Russell/Ruth Snyder & family* at the death of *Russ's* cousin, *Leland Snyder*.

THANK YOU from *the Ekblads, Naomi, Charlotte, and Gloria* for your kind greetings and gifts. God Bless You!



"Lutheran Woman Today" Bible Study



Monday, January 11, 2010 – 9:30 a.m.

"Nothing Can Separate Us" is the title of the **January** session of the September 2009-May 2010 *Lutheran Woman Today* Bible study entitled **TO GOD'S BELOVED: PAUL'S LETTER TO THE ROMANS**. In this session, our focus is the best-known chapter of Romans, Chapter 8, in which *Paul* proclaims in ringing tones that *"nothing can separate us from the love of God in Christ Jesus."* We will follow *Paul's* train of thought in order to understand his conviction that God refuses to allow us to be trapped in the realm of sin and death, but calls and empowers us to live, through Jesus, in God's new Creation. Jesus is the champion whom God has sent to thwart the powers that would hold us and all creation captive. *Paul* returns to his radical statements about disobedience in Romans 1 to talk about new obedience through the Spirit's power in Chapter 8. This chapter rounds off the first section of *Paul's* letter to the Romans with words of confident hope.

Interested parties are always welcome to participate in this study. Want to know more about it first? Come and sit in on a session. The study group meets at **9:30 a.m.** on the second Monday of each month at the church. Anyone desiring to continue in the study will need to subscribe to the *Lutheran Women Today* publication for the monthly lesson. The cost is **\$12**. See *Naomi* for subscription information.

HEALTHNET HAS ENOUGH PRESCRIPTION BOTTLES

Thanks to your response, *HealthNet* is well supplied with prescription bottles at the present time and are unable to accept any more due to space limits. We also don't have storage space at Good Shepherd. *Parish Nurse Gloria* will inform us when we can resume collecting again.



WITH PRAYER REQUESTS, CONTACT.....Naomi Nelson



by phone (O-754-0067) (H- 755-1384) or email (goodshep@ticon.net).

(Your prayer concerns are kept confidential within the chain.)

 **FEBRUARY** Newsletter Deadline – Friday, January 15 



Visit Our Website: www.goodshepherdjanesville.org

